

Explaining the concept of life in Islamic mysticism and re-examining it in the light of the verses of the *Holy Quran*

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Abstract

The concept of “life” has been a central concern of schools of thought and mysticism throughout history. In the meantime, Muslim mystics, relying on the revealed principles of the *Holy Quran*, have explained various dimensions of life. The *Holy Quran* has spoken of different levels of life, from the natural life of plants, animals, and humans to the spiritual and transcendent life known as “good life.” Islamic mysticism, as an esoteric and profound reading of *the Quran*, has extensive commonalities with the Quranic concepts of life and tries to reveal objective examples of good life in the existence of a perfect human being. This research, using an analytical-comparative method and relying on library studies, shows that the basic components of giving meaning to life from the perspective of Islamic mysticism and the *Quran* include “spiritual life,” “the manifestation of life in a perfect human being,” “attribution to the level of certainty,” and “attainment to the attribute of being alive and necessary for existence.” Finally, the findings indicate that Islamic mysticism is not only not in conflict with the *Quran*, but also acts as a profound interpretation of it, explaining the concept of life in line with the revealed teachings.

Keywords: *Holy Quran*, Islamic mysticism, Concept of life, True life.